



EMPOWERING
YOUNG PEOPLE
 TO MEET TOMORROW'S
CHALLENGES AND
OPPORTUNITIES



WHERE ARE YOU HEADING IN **LIFE**? WHAT'S **IMPORTANT** TO YOU?
 WHAT WILL HELP YOU BUILD THE **STRENGTH AND RESILIENCE** TO
 MEET THE CHALLENGES AND OPPORTUNITIES LIFE THROWS AT YOU?

Game Changers is a series of free seminars created to provide ideas, inspiration and support for people of all ages in our community. With a focus on personal and professional growth, this is a night where you can begin to shape the future you want. Much like the popular TED talks, no presentation will run longer than 12 minutes.

THIS EVENT IS OPEN TO **EVERYONE**. TO ASSIST ORGANISERS WE ASK THAT YOU REGISTER ONLINE.

SPEAKERS

SHARELLE McMAHON

Former Australian Diamonds
 Captain and media star

JUSTIN McLEAN

Partner at PWC Global Ventures,
 Founder of Thrivor Social Enterprises

DR ANDREW WALBY

Head of Emergency
 St Vincent's Hospital

GEORGIE HARMAN

CEO of Beyond Blue

DR GUNTA CALDWELL

Mind/Body Wellness Expert

DATE	Wednesday 9 th August 2017								
VENUE	Xavier College EHPAC Centre, Barkers Rd Kew, VIC 3101								
TIME	7.00pm								
COST	Gold coin donation <small>All funds raised to go to Let's Talk and Australian Suicide Prevention Foundation</small>								
REGISTER	www.trybooking.com/QJXN								
SCHEDULE	<table border="0"> <tr> <td>Arrive</td> <td>6.30pm - 7.00pm</td> </tr> <tr> <td>Presentations</td> <td>7.00pm - 8.15pm</td> </tr> <tr> <td>Questions</td> <td>8.15pm - 8.30pm</td> </tr> <tr> <td>Networking</td> <td>8.30pm - 9.00pm</td> </tr> </table>	Arrive	6.30pm - 7.00pm	Presentations	7.00pm - 8.15pm	Questions	8.15pm - 8.30pm	Networking	8.30pm - 9.00pm
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Proudly Hosted by
 Old Xaverians Football Club



Further details contact:

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Host of Gamechangers
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Proudly supporting mental health



SPEAKER | INFORMATION



SHARELLE MCMAHON

“Elite Performance and Performing under Pressure”

One of Australia's all-time greats, Sharelle McMahon achieved just about every accolade on offer in netball. From country Victoria, McMahon represented Australia 118 times, 12 of those as captain.

The star shooter was part of three Netball World Cups – 1999, 2003 and 2007 – and four Commonwealth Games – 1998, 2002, 2006, 2010 – campaigns with only an Achilles injury denying her the opportunity of leading her country to the 2011 world titles in Singapore. McMahon scored the match-winning goal to deliver Australia the 1999 world title in a memorable final against New Zealand in Christchurch. She finished with 2520 international goals at an average of just over 21 per Test.

After taking a year away from the sport in 2012 for the birth of her first child, McMahon returned to the court in the ANZ Championship with the Melbourne Vixens, who she led to the 2009 title, before formally retiring from the game at the end of 2013.



JUSTIN MCLEAN

“The case for leaving a legacy”

Justin McLean, founder of Thrivor and a PwC strategy partner in Melbourne, Australia who received that metaphorical knock on the door in late 2013. A highly motivated individual used to having control over his life, was suddenly thrown into a real-life scenario of the unknown. From the moment he was diagnosed with Stage 4 colorectal cancer, Justin's quality of life began to decline.

For his partner, his children, himself, he had to live. There was no plan B, which quickly became a mantra – an aspiration not just to survive, but to thrive.



DR ANDREW WALBY

“Drugs are bad...you shouldn't do drugs”

Dr Andrew Walby has been the Director of Emergency Medicine at St Vincent's Hospital in Melbourne since 2012. He has more than thirty years' experience working in Emergency Departments in Melbourne during which time he has managed patients and families affected by alcohol and other drugs. Whilst alcohol remains Australia's biggest drug problem, the increasing range of illicit drugs used in the community creates ever increasing challenges for those working in the health care system. Prevention of drug use in order to minimize the impact on the community should be our focus. Andrew will provide some insights into what it is like to work on the frontline managing those affected by alcohol and other drugs, and how to avoid ending up in an Emergency Department yourself.



GEORGIE HARMAN

CEO beyondblue

Georgie Harman was appointed as the CEO of beyondblue in May 2014. She has significant and broad-ranging policy and service delivery experience in the community, public and private sectors in Australia and the United Kingdom.

From 2006-2012, Georgie worked at the Commonwealth Department of Health where she had national responsibility for Australian mental health, suicide prevention and substance misuse policy and programs, including those targeting Aboriginal and Torres Strait Islander people. She was one of the architects of the 2011 cross-portfolio National Mental Health Reform Budget package. At the same time, she was responsible for the early strategy and development of legislation to introduce plain packaging of tobacco products in Australia – a world first.

She came to Australia in 1999 to be the inaugural Executive Director for the Bobby Goldsmith Foundation in Sydney – Australia's first and largest independent HIV/AIDS charity.



DR GUNTA CALDWELL

“The gift of love in grief and loss”

Gunta Caldwell has an integrated health care approach to wellness, where she combines her variety of qualifications as a chiropractor, nutritionist and expert in neuro emotional techniques (N.E.T). Over her many years of experience and knowledge, Gunta has introduced vitamins, minerals, herbs and complex homeopathies into her practice to compliment the work that she does in working with her patients to enhance their overall well-being potential. Gunta works across all age groups.